

A woman with dark, curly hair is shown from the chest up. She has her eyes closed and is wearing yellow eye patches under her eyes. Her hands are clasped together near her face. The background is a soft, warm, light brown color.

SERVICE

MENU

*grace*  
KINGSLEY  
TREATMENT ROOMS



*grace*  
**KINGSLEY**  
TREATMENT ROOMS

An urban retreat offering a cohesive blend of Classic beauty, Aesthetics and Holistic treatments.

We pride ourselves on being a welcoming city based sanctuary, where everyone is welcome.

Our team members are fully qualified and insured. Offering a varied service menu, bringing you the most up to date treatments.

We looking forward to pampering you soon!

**OPENING HOURS**

**MONDAY CLOSED**

**TUESDAY 10am - 8pm**

**WEDNESDAY 8:30am - 8pm**

**THURSDAY 8:30am - 8pm**

**FRIDAY 8:30am - 8pm**

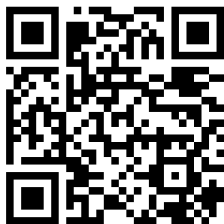
**SATURDAY 8am - 3pm**

**SUNDAY 10am - 4pm\***

\*alternate Sundays

**ONLINE BOOKING**

Our online diary can be found on Booksy

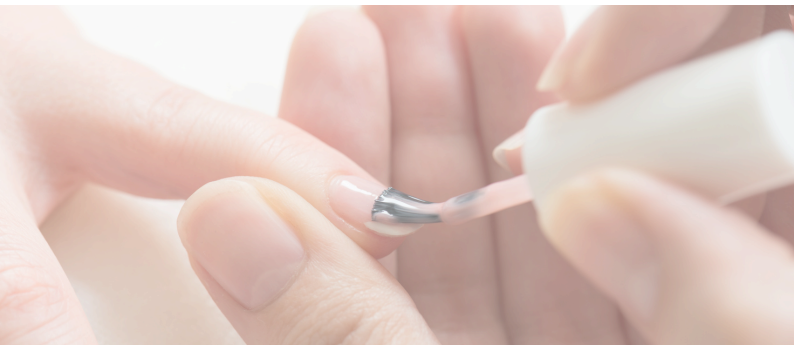


## CANCELLATION POLICY

As we run on an appointment basis, we ask that you give us a minimum of 12 hours notice if you are unable to attend your appointment. Less than 12 hours/on the day cancellations will incur a 100% fee of the booking value. No Shows will also incur a fee of 100% of the booking value, and no future bookings will be accommodated with out full payment in advance. We have to be strict with our cancellation policy, but discretion will be used where needed. Reminder emails/texts are sent out 24 hours prior to all bookings, hopefully this will help avoid any unwanted fees.

## LATENESS POLICY

We know that life gets in the way sometimes, but if you are going to be late, please let us know. If you are up to 10 minutes late, your appointment may be adjusted to fit into the remaining time. If you are more than 10 minutes late, we may have to cancel your appointment and a full treatment fee will be charged. Quite often our appointments are back to back, and lateness can cause a knock on effect, we thank you for your understanding.





NAILS

## MANICURES & PEDICURES

	CLASSIC	GEL
Manicure	£27.00	£34.00
Pedicure	£33.00	£39.00
Mani Pedi Package	£50.00	£60.00
Removal & Fresh Mani		£39.00
Removal & Fresh Pedi		£44.00
Removal & Fresh Mani Pedi		£70.00
Removal with Strengthening Treatment		£12.50
Removal Only		£9.50

## BUILDER GEL

Full Set on Natural Nails (Inc colour)	£40.00
Infill & Colour change	£44.00
Removal & Fresh Set (Inc colour)	£49.00
Removal (Inc mini Manicure)	£18.00
Individual Nail Fix	£4.00

## APRES GEL-X NAIL EXTENSIONS

Full Set	£42.00
Removal & New Set	£45.00
Removal (Inc mini manicure)	£20.00
Individual Nail Fix	£4.00

## NAIL ART ADD ON

Level 1 (Simple, Chrome)	Included
Level 2 (Glitter, Foils, Detailed Chrome)	£10.00
Level 3 (advanced freehand)	£20.00
Level 4 (Gems on all nails)	£30.00

NAIL ART /  
LEVEL INSPO



WAXING



## WAXING

Using the premium Lycon waxing system. Designed to be as pain free as possible and remove the shortest of hair for excellent results.

Half Leg	£21.50	Forearms	£17.00
3/4 Leg	£24.00	Full Arms	£22.00
Full Leg	£27.00	Back	£30.00
Full Leg (Inc Bikini)	£35.00	Chest	£30.00
Bikini/ High Bikini	£24.50	Back & Chest	£50.00
Underarm	£15.00	Lip/Chin	£9.50
		Nostrils	£5.00

## INTIMATE WAXING

Hollywood/Brazilian	£35.50
Hollywood/ Brazilian (Inc Buttocks)	£45.50
Buttocks	£20.00

## DEFUZZ PACKAGE

Half Leg, Underarm & Hollywood/Brazilian	£52.50
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## DEFUZZ EXTRA PACKAGE

Full Leg, Underarm & Hollywood/Brazilian	£57.00
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EYES





## LASH LIFT & BROW LAMINATION

Lash Lift - Inc Tint	£46.50
Lash Lift	£37.50
Lamination - Inc Tint	£35.00
Lamination	£30.00
Lift & Lamination combo (Inc tint)	£66.50
Lift & Lamination combo	£57.50

## TINTING

Eyelash Tint	£17.00
Eyebrow Tint	£13.50
Eyelash & Eyebrow Tint	£24.50
Eyelash, Eyebrow Tint & Shape	£30.00
Eyebrow Tint & Shape	£19.00
Eye Brow Shaping	£13.50

## THREADING

Eyebrows	£13.50
Lip/Chin	£9.50
Cheeks	£12.50
Full Face	£25.00

ALL TINTING, LIFTING AND LAMINATION TREATMENTS REQUIRE A PATCH TEST AT LEAST 24 HOURS PRIOR TO TREATMENT. IF IT HAS BEEN MORE THAN 6 MONTHS SINCE YOUR LAST TREATMENT, PLEASE BOOK ANOTHER PATCH TEST.



SKIN

## PRESCRIPTIVE FACIAL

A prescriptive treatment, designed specifically for your skin's needs. Your facial will include a relaxing face and scalp massage. Your skin will be left feeling fresh, revived and radiant

**45 MINS £52.50**

## ROYAL ELIXIR DE-STRESS FACIAL

Packed with antioxidants and essential nutrients, Royal Jelly is ideal for tired and stressed skin.

**60 MINS £55.00**

## EXCEL THERAPY 02 CITYPROOF FACIAL

Oxygenating anti-pollution facial. Two revolutionary masks work to repair and defend the skin against pollution damage and external stress. Our oxygenating bubble mask releases pure oxygen into the deep dermal layers of the skin. A second mask uses our Dual Matrix technology to activate the skin's immune system, increasing its defence capability.

**60 MINS £75.00**

## TIMEXPERT C+ FACIAL

This advanced anti-glycation facial works to reduce collagen damage, dull skin tone and fine lines. Potent Vitamin C provides the skin with luminosity, vitality and radiance.

**60 MINS £75.00**

## TIMEXPERT EYE & LIP THERAPY

A high-performance treatment targeting both expression lines, fine lines and wrinkles around the eyes and lips. This revolutionary experience HELPS in smoothing lines and wrinkles, reducing dark circles whilst providing immediate luminosity to the eye contour and softening and plumping the lip contours.

**45 MINS £45.00 / ADD ON TO ANY FACIAL £25.00**

## COLLAGEN LIFT

A non-surgical, firming and tightening treatment. Using radio frequency to realign fibres with in the skin. Collagen lift Tones & Tightens the Skin, Softens fine lines, Stimulates Collagen, Elastin and Hyaluronic Acid production, reduces wrinkles and cellulite.

EYES	£45.00 / £225.00	TUMMY	£75.00 / £375.00
JOWELS	£45.00 / £225.00	ARMS	£75.00 / £375.00
NECK	£45.00 / £225.00	BACK OF THIGHS	£90.00 / £450.00
FACE	£60.00 / £300.00	FRONT OF THIGHS	£90.00 / £450.00
FACE & NECK	£85.00 / £425.00	HIPS	£90.00 / £450.00
DECOLETE	£75.00 / £375.00	BUM	£90.00 / £450.00

To achieve Results that can last up to 2 years a course of 6 collagen lift treatments is required.

A CONSULTATION AND TEST PATCH IS REQUIRED - £25.00. THIS WILL BE REDEEMED AGAINST THE PURCHASE OF A COURSE

## MICRODERMABRASION

An intense exfoliating cosmetic procedure that uses fine crystals to buff away the very outer layer of skin cells and remove dead skin cells to reveal the fresh, new skin beneath. Skincare products can absorb more readily into the skin following treatment.

**CLASSIC MICRO £45.00 / 3 - £99.00 / 6 - £195.00**

**LUXURY MICRO £60.00 / 3 - £165.00 / 6 - £300.00**

## HYDRO FACIAL

A multi-step process of a cleanse, a peel and serum. Applied using a vacuum action helps to enhance absorption, stimulates blood flow and lymphatic drainage, promoting detoxification and improving circulation. The peel exfoliates the skin, removing any dead skin cells whilst the targeted serum is infused into the skin.

**SINGLE £65.00 / 3 - £180.00 / 6 - £360**

## SKIN PEELS

A dynamic, safe, and effective tool capable of improving the texture and quality of all skin types, Especially people who have skin hyperpigmentation, acne or oily skin, skin flaccidity, wrinkles, stretchmarks and scars.

Using a high quality pharmaceutical ingredients that provides an efficient system of superficial chemical peeling.

The perfect way to rejuvenate the skins appearance and erase imperfections (for the best results 3 treatments are required, 2-4 weeks apart)

**SINGLE TREATMENT - £75.00 / COURSE OF 3 - £200.00**

## MICRONEEDLING

a cosmetic procedure that uses small, sterilized needles to prick the skin to generate new collagen and skin tissue to smooth, firm, and tone. A treatment for the face that can help the appearance of acne, scars, dark spots, wrinkles, and large pores.

**SINGLE TREATMENT - £120 / 3 - £330 / 6 - £600.00**

## BB GLOW FACIAL

The BB Glow treatment is a semi-permanent make up procedure, using a 100% natural foundation matched to your skin tone. Achieve glowing, radiant, seemingly pore-less skin, evened out imperfections and discoloration. As well as beautifully soft, moisturized, refreshed and rejuvenated skin. To achieve the best outcome 2-3 treatments are recommended with results lasting up to 4 months.

**SINGLE TREATMENT £90.00 / 2 - £165.00 / 3 - £240.00**

## INJECTABLE SKIN BOOSTERS

Revitalize your skin with a Skin Booster Injection, designed to hydrate and rejuvenate from within.

Using a combination of hyaluronic and amino acids to achieve a radiant and hydrated complexion. These injections enhance skin elasticity, reduce fine lines, and restore youthful suppleness, whilst deeply hydrating and plumping the skin. Enjoy the benefits of smoother, firmer skin with improved texture and tone.

This treatment is a great option for individuals who desire a more natural look and aren't ready for injectables.

**SOSUM** - SINGLE £200 / 2 - £350

**JALUPRO** - SINGLE £160 / 2 - £260 / 4 - £450

**LEMON BOTTLE** - SINGLE £140 / 2 - £250 / 3 - £340

Please book a Skin Booster Consultation to discuss which injectable would be the best fit for your requirements.

## MICRONEEDLING WITH SKIN BOOSTER

Using a Skin Booster with a Micro-needling treatment is one of the most effective ways to hydrate and plump the skin, whilst helping with the signs of aging, fine lines, wrinkles and pigmentation. The ultra fine needles used for this treatment will push the skin booster further into the skin enabling it to get to work even deeper, meaning it really is working from the inside out!

**SOSUM** - SINGLE £210 / 2 - £400

**JALUPRO** - SINGLE £180 / 2 - £350 / 4 - £650

**LEMON BOTTLE** - SINGLE £160 / 2 - £300 / 3 - £450

Please book a Skin Booster Consultation to discuss which injectable would be the best fit for your requirements.

# OTO

OTO was developed to help people discover the power of CBD. Using the highest quality essential oils, botanicals, scents and flavours that are blending with pure CBD isolate

Using OTO's award winning products with the power of CBD we bring you exclusive treatments, available to only a handful of salons and spas across the world.

## OTO SIGNATURE RENEW FACIAL

Curated using the award winning OTO products, along with firming & lifting movements to work on the facial muscles using hand crafted, natural Bamboo pieces, hot basalt and cool stones, and the wonderful art of breath work with placement of Quartz for its cleansing properties.

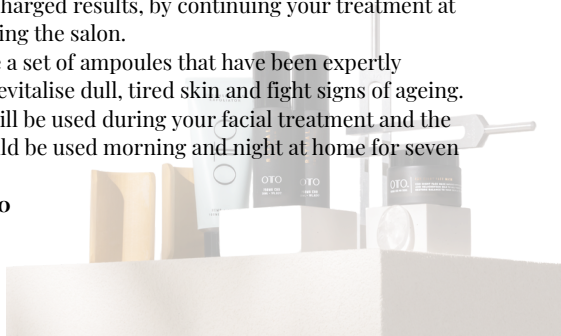
**60 MINS - £100.00**

## OTO GLOW TREATMENT

Add on a Glow Treatment to your OTO Signature Renew Facial. Achieve super charged results, by continuing your treatment at home after leaving the salon.

You will receive a set of ampoules that have been expertly formulated to revitalise dull, tired skin and fight signs of ageing. One ampoule will be used during your facial treatment and the remaining should be used morning and night at home for seven days.

**ADD ON £99.00**





BODY



## PRESCRIPTIVE MASSAGE

Work with your therapist to create a massage that is perfect for you.

**60 mins £60 / 45 mins £50 / 30 mins £35**

## MEDITERRANEAN CANDLE MASSAGE

A highly relaxing, warming and hydrating massage.

**50 MINS FULL BODY £55 / 30 MINS BACK MASSAGE £35**

## CEYLON SHELL & HOT STONE MASSAGE

Hot Shells and stones are used to massage with sweeping movements and gentle pressure.

**50 mins FULL BODY £55 / 30 MINS BACK MASSAGE £35**

## SPA EXFOLIATING BODY THERAPY

Using a blend of mineral salts, vitamin C and Vitamin E oil to remove dead skin cells whilst softening and hydrating the skin.

**25 mins £30.00**

## INDIAN HEAD MASSAGE

Release any tension stored in your shoulder, neck and scalp.

**30 MINS £35**

A medical syringe with a blue plunger and needle is positioned diagonally in the upper left. Below it are two glass ampoules, one larger than the other, both containing a golden liquid. In the bottom right corner, there are several slices of fresh orange. The background is a clean, bright white with soft shadows.

# VITAMIN INJECTIONS

## B12 - ENERGY

Increases energy levels Fights fatigue & tiredness Helps maintain mental clarity Deeper sleep Great for Vegetarians and Vegans.

SINGLE - £30.00 / 3 - £75.00

## B COMPLEX - METABOLISM

All the benefits of B12 along IN addition to helping to keep food cravings under control. Contributes to healthy skin, hair, nails and complexion.

SINMGLE - £40.00 / 3 - £105.00

## VIT C - IMMUNITY

general health improvement Boosts the immune system Helps with wound healing Powerful antioxidant Helps lower stress levels.

SINGLE - £30.00 / 3 - £75.00

## VIT D - WELLBEING

Promotes calcium absorption Healthy bones, teeth & muscles Reduces risk of Colds and Flu Mental health General well-being

SINGLE - £40.00 / 3 - £105.00

## BIOTIN - SKIN, HAIR & NAILS

Strengthens Hair, Skin & Nails Protects brain function

Regulates blood sugar Supports cell activity function Increases metabolism Increases red blood cell production

SINGLE - £40.00 / 3 - £105.00

## VITAMIN INJECTIONS PACKAGES

IMMUNE BOOSTER - Vit B12 & Vit C - £50

WINTER BOOSTER - Vit B12 , Vit C & Vit D - £80

GLOW - Vit C, Vit D & Biotin - £90

HAIR &

MAKE

UP



## MAKE UP

Full Face Glam (Inc False Lashes)	£50.00
Skin Glow (Base, Contour & Highlight)	£30.00
Eyes Only (Inc False Lashes)	£25.00
Make Up & Hair Package	£80.00

## HAIR

Dry Styling - Down	£35.00
Dry Styling - Up	£40.00
Add On - Hair Dazzles	£15.00
Add On - Hair Gems	£10.00

## LESSONS

Beginner (90 - 120 Mins)	£60.00
Advanced (60 Mins)	£35.00

## FESTIVAL / THEMED

Festival Glam (Full Face, Glitter/Gems)	£65.00
Glitter / Gems	£22.50
Themed / Halloween	from £65.00

Bridal Services available - please enquire for pricing.

A close-up photograph of a person's eye and eyebrow. A hand wearing a black nitrile glove is holding a white microblading pen. The pen's tip, which has several fine needles, is in contact with the skin of the eyebrow, performing a microblading procedure. The person's eye is partially visible on the right side of the frame. The text "MICRO-BLADING" is overlaid in a black serif font across the center of the image.

MICRO-  
BLADING

## MICRO-BLADING

Microblading is a semi-permanent cosmetic tattooing technique designed to enhance and redefine eyebrows. Using a handheld tool with ultra-fine needles, pigment is deposited into the skin's upper layers, creating natural-looking hair strokes that mimic real eyebrow hair. This procedure is ideal for those looking to fill in sparse brows, reshape their eyebrows, or achieve a fuller appearance.

Our microblading services are expertly performed by Lizzy who will ensure precision and customization to create the perfect brow.

You will be asked to come in for an initial consultation which will include brow mapping and colour matching the perfect shade for you.

The treatment will consist of the first session and then six weeks later for a top up.

CONSULTATION - £25.00

SESSION 1 - £175.00

SESSION 2 - £100.00

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TREATMENT ROOMS

CONTACT INFO

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